

Following is the summary of various Toxic Metal Reports regarding Gana Kiritharan Toxic Metal Toxic status.

Type of Report =>	Hair Mineral Analysis		Challenged Urine Tests					
Report Number =>	H 1	H 2	U 1	U 2	U 3	U 4	U 5	U 6
Date of Test =>	July 2010	July 2011	27 Sep 2010	16 June 2010	1 July 2011	14 July 2011	12 Oct 2011	5 Dec 2011
Time Interval =>	Initial	After 1 Year	Initial	After 10 Months	After 2 Weeks	After 2 Weeks	After 3 Months	After 6 weeks
Provoking Agent =>			DMPS & CaEDTA	DMPS & CaEDTA	DMSA	ALA & DMSA	DMSA	DMSA
Scale =>								
Toxic Metals	µg/g		µg/g Creatinine					
Total Toxic Metals	10.181	7.681	406.97	106.6	34.45	62.7	51.78	45.3
Cad + Lead + Mercury	3.14	1.546	52.4	19.2	6.9	7.6	7.1	7.7
Aluminum	4.3	4.7	260	16	6.3	31	7.1	< dl
Antimony	.057	.017	.2	.6	.2	.2	.2	< dl
Arsenic	.023	.014	33	18	5	< dl	7.8	9.1
Barium	1.4	.66	7.6	14	4.9	7.5	9.1	8.8
Beryllium	<.01	<.01	< dl	< dl	< dl	< dl	< dl	< dl
Bismuth	.042	.005	.1	3.5	< dl	< dl	< dl	< dl
Cadmium	.24	.086	1.4	.8	.6	.7	.7	.6
Cesium			6.5	5.4	3.9	5.5	7.6	6.1
Gadolinium			.4	< dl	< dl	< dl	< dl	< dl
Lead	1.8	1.4	28	15	5.8	6.1	5.7	6
Mercury	1.1	.06	23	3.4	.5	.8	.7	1.1
Nickel	.18	.11	25	19	6.6	9.8	12	13
Palladium			< dl	< dl	< dl	< dl	< dl	< dl
Platinum	<.003	<.003	.07	< dl	< dl	< dl	< dl	< dl
Silver	.33	.08						
Tellurium			< dl	< dl	< dl	< dl	< dl	< dl
Thallium	.001	.001	.3	.9	.3	.3	.4	.4
Thorium	<.001	.001	< dl	< dl	< dl	< dl	< dl	< dl
Tin	.17	.19	21	10	.3	.8	.4	.2
Titanium	.52	.40	N/A					
Tungsten			.2	< dl	.05	< dl	.08	< dl
Uranium	.018	.017	.2	< dl	< dl	< dl	< dl	< dl

Scenario of incidents happened after 6th of November 2010 regarding Attempt to Poison Gana Kiritharan with criminal intention and his attempt to defend against such attempts:

1. During November 2010 – December 2010 period I tried to educate Sri Lankan Tamil community living in Toronto area and others regarding this medical problem
 - A. I directly went and left documents explaining the situation with personals working in TVi and Tamil one (Toronto based Tamil Community Television Services).
 - B. I went and left documents explaining situation with Mr. Rudra; Lawyer's assistant for Mr. Thillainathan.
 - C. I also went and left a document with Dr. Nageswary's family medical practice clinic.
 - D. I also gave document explaining situation for several friends living in Scarborough area.
 - E. I also uploaded the documents on my web site at: <http://www.gkiri.com>
2. Though I tried to do more public education regarding this situation I was not able to do so because for following reasons.
 - A. Winter season made moving around very difficult.
 - B. I experienced sever financial difficulties.
 - C. My work schedule Monday to Friday; 6.00 AM to 4.00 PM made me difficult to find time for other works.
3. In November I went and see Dr. Jeyalingam. I saw him the lap reports I obtained from Doctor's Data lap. Though he looked into them with some interest, he may fail to accept it is his responsibility to treat this medical problem. When I asked whether Insulin injection will help me to achieve some control of my diabetic problem, he agreed with me and gave me a prescription. He also referred me to diabetic clinic in Scarborough hospital, also referred me to endocrinologist in same hospital.
4. On November 24th 2011, I went to Scarborough hospital and started treatment with Insulin injection.
5. Also I did regular lab experiments of my blood and urine during December 2011 and found my urine protein concentration suddenly increased. On my request my family doctor referred me to a Nephrologist.
6. On December 12th 2011, I went to see endocrinologist at Scarborough hospital. She may refused accept my medical problems may caused by toxic metals and described chelating doctors as money makers. She may failed to accept my endocrine organs (thyroid, adrenal etc) may experiencing stress due to toxic metals and failed to order any lap experiments to check them or any medication to support them.
7. When I went to see nephrologists she ordered for a detail lab experiment also for abdominal scan. On the abdominal scan, it was found a small cyst is forming in my right kidney and fatty liver infiltration.
8. Around February to March 2011 period I tried to sell my House and Land in Sri Lanka to solve my financial problems; I was not able to do it immediately for several reasons.
9. During January and March 2011, I experienced unusual form of postal delays; supply of Chelating Medicine DMSA also got interrupted. During this time the Toxic symptoms of Toxic Metal Toxicity started to go up.
10. As the medications failed to bring any big control for my diabetic problem, I made more reference on Internet and find out my medical problem better classified as Metabolic Syndrome.

11. During this time my Blood Pressure started to go up and nephrologists prescribe some Ca channel blocker as medication for my blood pressure problem.
12. When analyzing all information about my Medical Problem I realized I may be suffering from Hyper Insulinemia.
13. On 14th of March 2011, I went and see Dr. Fred Hui again. He also informed me I may be suffering from Hyper Insulinemia and he advised me to stop Insulin injection and prescribed another injection, but I did not take the second one due to several reasons.
14. I stopped Insulin Injection from 16th of March 2011 and tried to manage my diabetic problem on diet, exercise and herbal and oral hypoglycemic medication alone.
15. On 20th March of 2011, unknown persons may have added large amount of toxic metals to my clothes left in dryer for drying. When I took the clothes from dryer I experienced irritating smell coming from the clothes. I did not bring the clothes to my room directly, brought the clothes to living room and dusted it off before bringing them to my room and started to do it as a routine.
16. During March – April 2011 period there may have been several attempts to poison me through several means. I took more precaution to protect myself. I sealed off ventilation duct coming into my room.
17. From first week of April 2011, my security guard shift was changed from day shift to night shift and from last week of April 2011, the company where I was working may have asked to come for 7 days a week.
18. Though I experienced some stress because of the new work hours, I was able to do some other works during day time and my financial problem may be temporarily solved.
19. I decided to do more detail lab experiments regarding Toxic Metal Toxicity problem. I repeated Hair Mineral Analysis and did three different Challenged Urine Tests. (One with DMPS, CaEDTA, Second one with DMSA and Third one with ALA, DMSA.)
20. When doing challenged urine test, I experienced my fasting blood glucose level went below 7 mmol/L and stayed for a while there.
21. I completed the challenged urine tests around July 14th 2011 and around this period I had to remove the seal I put for the ventilation duct of my room as the temperature in Toronto area went above 30^oC.
22. After these incidents I experienced my fasting blood glucose level started to go up and it reached 8 mmol/L.
23. As a result I sealed off the ventilation duct of my room again and took more precaution to protect myself from poisoning attempts.

Following Details Added on 15 December 2011

24. From mid part of May 2011 till mid part of September my fasting glucose level stayed around 7 mmol/L. Though I ate Ice cream, starchy food like Pittu and Marawali chips (Maniok jadalany) my fasting glucose level did not change much. I carried out a lab experiment of Hemoglobin A1C on 6 September 2011 and found the result was .074.
25. But from end of September 2011 again my fasting blood glucose value started to fluctuate again. So I carried out challenged urine test on 12th October 2011 and again on 5th December 2011 and found that level of arsenic in my urine level which was below detection limit on 14th July 2011 started to reappear and go increase in concentration.
26. So I took more precaution to protect myself from poisoning attempts and increased the ventilation of my room and work site.